



*Sensorial playtime
for new parents
and babies.*

WHAT DOES MY BABY LIKE TO DO? NEWBORN — 3 MONTHS

- “Talking” or “conversation” with someone (all vowel sounds)
- Imitating faces, expressions, sounds
- Hearing his or her name out loud
- Hearing the names of objects when you point them out
- Singing
- Reading out loud – books with and without pictures
- Moving his or her arms and legs to a song
- Soft toys and rattles
- Black, white & red toys
- A “tour” of the house, yard, etc.
- Mirrors
- Bells on socks or booties
- Smiling faces, pictures of faces, animals/toys with faces
- Tummy time for 5-10 minutes
- Shadows on the wall/Finger play songs
- Warm water at the sink or in the tub
- Mobiles
- Being outside in the stroller/blanket/carrier
- Being held/carried/”worn” in a sling or frontpack
- Movement, slow dancing